

*Like the mysterious lights
that skip and dance above the
plains of Marfa, Texas
the power of gratitude
cannot be explained.*

The Chihuahuan Desert is isolated and rugged, but its vast beauty and peacefulness have curious ways of reinforcing faith, dredging up inner strength, and sparking a deep appreciation for life's smallest things.

This feeling is a gift that may be (just maybe) captured inside the shell of each handmade innerSpirit Rattle. Gratitude is powerful and healing. Keep this rattle nearby- on your desk, a shelf, or bedside table- to remind you to reframe your problems, and to find the good in every day.

Think gratitude when you see an innerSpirit Rattle. Feel gratitude when you hold it. Spread the gratitude when you shake it. Shake to the rhythm of your favorite music, or the beat of your own drum.

Native Americans used rattles to bestow blessings upon crops. Use your rattle to rattle some rain into your life, some rain out of your life, to rattle your worries away, or (if you insist) just to keep your papers from blowing astray.

