



"I have my Raku rattle next to my workspace and when I need to *slow down* or *count my blessings*, I pick it up & it gives me a great deal of *pleasure & brings calm to my day.*"
by Anne Dovel



J. Davis Studio
innerSpirit Rattle
Inspire spontaneous gratitude.

Made by hand in Alpine, TX.

Alpine is located near Big Bend National Park, a remote area with limited employment opportunities. Owning any business is a challenge here, but the distance to art shows and our tiny population makes it especially difficult for artists. Hands-on business experience, along with weekly pottery classes, allow our employees to acquire skills vital to making a living as an artist.

Sound helps keep you focused, mindful and in the moment.

innerSpirit Rattles fit in the palm of your hand. You will feel an instant emotional connection to its beauty, its texture, and its small size, but it is the music you'll make with it that may nurture your strongest connection.

Keep nearby to remind you to give thanks often.

Set an innerSpirit Rattle on a desk, on a bookshelf, on a bedside table. A bouquet of flowers is nice, but unlike a gift of flowers, an innerSpirit Rattle is an everlasting treasure created to trigger a *reflex sensation of gratitude.*

A grateful heart is a healthy heart.

Besides the American craft galleries, catalog companies and gift shops who have ordered the rattles over the years, our number of retailers keeps growing to include gift shops located inside museums, hospitals, churches, spas, yoga studios, and spiritual retreats.

Promoting a sense of peace gives us peace.

After a brief silence following the 9/11 tragedy, our phones started ringing off the wall. People needed the innerSpirit Rattles more than ever in the year that followed. Knowing that we might have brought even a tiny bit of calm or joy to someone's life is what makes our world go-round.

"If the only prayer you said in your whole life was, 'thank you,' that would suffice."

Meister Eckhart- philosopher, theologian, and mystic (c. 1260–c. 1328)

