

GUARDIAN ANGEL

Some believe that every human being and creature on earth has a guardian angel who is assigned to care for and safeguard each individual throughout life. Keep this angel rattle close at hand to remind you that miracles can happen. Relax to her soothing sound, be mindful of the beauty that surrounds you, and focus on your blessings in life.

This *innerSpirit* Rattle is to encourage: *Miracles.*

BUMBLE BEE

It is fabled that bees have intuition, and are sacred and wise creatures. Some say it is a sign of good fortune to have a bee fly into the house and that their steady hum is a hymn of praise.

This *innerSpirit* Rattle is to encourage: *Wisdom.*

BUTTERFLY

With their symmetry and colorful wing patterns, butterflies are a multicultural symbol of the grace and beauty of nature. Being pollinators and a food source to numerous animals, they are a good indicator of a diverse ecosystem and a healthy environment.

This *innerSpirit* Rattle is to encourage: *Good health.*

DOLPHIN

Playful, energetic, and very social, dolphins are loved by all. Scientists have noted an increase in harmony between the left and right side of the human brain after contact with dolphins.

This *innerSpirit* Rattle is to encourage: *Play.*

DRAGONFLY

Dragonflies have been around since before the dinosaurs. A few species migrate from the north to the south like birds and monarch butterflies.

This *innerSpirit* Rattle is to encourage: *Resilience.*

DANCING FEATHER

"Hope is the thing with feathers that perches in the soul - and sings the tunes without the words - and never stops at all." Emily Dickinson's words remind us that hope is never hampered by logic or cynicism. Keeping this rattle nearby reminds you during stressful times that fostering hope and faith is essential to you and everyone around you.

This *innerSpirit* Rattle is to encourage *Hopes and Dreams*

FROG

A frog's transformation from tadpole to adult has given the amphibian an important role in folklore. The frog represents change or a makeover.

This *innerSpirit* Rattle is to encourage: *New Beginnings.*

HUMMINGBIRD WHISPERER

Though they are the tiniest birds in the world, hummingbirds are independent, feisty, and ferocious. Agile and resilient creatures, during adverse conditions, hummingbirds enter a brief hibernation to reduce metabolism, but will soon recover when conditions improve.

This *innerSpirit* Rattle puts you in the mind of: *Strength & Recovery*

JAPANESE KOI

A variety of common carp, Koi became prized in ancient times when color mutations changed their once brownish scales yellow, red, or blue. Vulnerable but strong, Koi became respected for their determined perseverance, and therefore represented courage in Japanese and Chinese folklore.

This *innerSpirit* Rattle helps put you in the mind of: *Courage & Transition*

SISTER MERMAID

"I must be a mermaid, Rango. I have no fear of depths and a great fear of shallow living."

Anais Nin
French-Cuban author

This *innerSpirit* Rattle is to encourage you to: *Dive Deep.*

SEAHORSE

Seahorses are not good swimmers & can die of exhaustion in tumultuous water. To prevent being washed away in a roiling sea, seahorses anchor themselves with their prehensile tail to coral or sea grass.

This *innerSpirit* Rattle is to encourage: *Tenacity.*

SEA TURTLE

Sea turtles can be traced back millions of years. Thought of as easygoing, patient, and wise creatures, their shells protect and make them self dependent. They are an emblem of longevity and stability in many cultures around the world.

This *innerSpirit* Rattle is to encourage: *Endurance.*

"I think music in itself is healing. It's an explosive expression of humanity. It's something we are all touched by. No matter what culture we're from, everyone loves music."

Billy Joel

With bells and the clapper beads, this rattle is all about the music.

This *innerSpirit* Rattle is to encourage you to: *Sing & Dance.*

SMOOTH

This *innerSpirit* Rattle is smooth and simple, because sometimes you want something simple... no bumps, no hills or valleys. Just smooth sailing.

This *innerSpirit* Rattle is to encourage: *Peace of Mind.*

STARRY NIGHT

The swirly curly clouds in Vincent Van Gogh's *Starry Starry Night* painting are comforting and peaceful and were the inspiration for this design.

This *innerSpirit* Rattle is to encourage you to: *Be creative.*